

OBC LCM 2026: Session: 5: COACH evaluation sheet for TEAM: AZL

Coachinfo: Warming up from: 07:30 untill 08:45. Teamleadmeeting @ The listed starttimes are indicative!

Coaches: Bijloos Annie

PB => Personal Best time

SB => Seasons Best time: Season starting point: first of September.

Event number: 31: 200M BUTTERFLY WOMEN					Heat:2, starttime: 09:17
Heat: 2/4 Lane : 1 Athlete: VAN DEN BREMT SARAH					Q-time: 02:36:88
PB (50m pool): 02:36.88 Antwerpen 27/07/2025					PB (25m pool): 02:35.66 SB: 02:37.17 Antwerpen 22/03/2026
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	00:33.77	01:13.73	01:55.21	02:36.88	
	00:33.77	00:39.96	00:41.48	00:41.67	
					

Coach feedback:

Event number: 36: 100M BACKSTROKE MEN					Heat:1, starttime: 10:34
Heat: 1/8 Lane : 3 Athlete: MAES JORDY					Q-time: 01:14:03
PB (50m pool): 01:14.03 Sportoase De Watermolen 29/03/2026					PB (25m pool): 01:13.19 SB: 01:14.03 Sportoase De Watermolen 29/03/2026
	5 0 M	1 0 0 M			
PB	00:35.69	01:14.03			
	00:35.69	00:38.34			
					

Coach feedback:

Event number: 38: 200M MEDLEY MEN					Heat:1, starttime: 11:02
Heat: 1/5 Lane : 3 Athlete: MAES JORDY					Q-time: 02:46:80
PB (50m pool): 02:46.80 Sportoase De Watermolen 29/03/2026					PB (25m pool): 02:45.45 SB: 02:46.80 Sportoase De Watermolen 29/03/2026
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	00:35.09	01:13.87	02:08.13	02:46.80	
	00:35.09	00:38.78	00:54.26	00:38.67	
					

Coach feedback: